



Cactus Weekly Update



Councilmember Ian Hugh - Glendale, Arizona

February 15, 2013



Glendale University 101. Glendale University, (GU) a 10-session program that offers a behind-the-scenes look at how city government works, is accepting applications through March 8th to attend its '101' session that begins Monday, March 18th. GU is sponsored by Cox Communications.



Glendale residents and those who own businesses in the city can sign up for GU to learn more about city government directly from the mayor, council members and top city staff. In the 17 years since the program started, more than 800 people have attended. The program's continued popularity is credited to the one-on-one interactions among attendees and the core curriculum that focuses on everything from the city courts to utilities.

GU 101 classes are held 6 to 9 p.m. Mondays March 18th through May 20th. The series kicks-off with a night of getting to know your Mayor and Councilmembers. Subsequent sessions cover the inner workings of a variety of city services including: public safety, city court, public works, community services, finance and budget and much more.

The classes, which are free, are limited in size to encourage interaction between attendees and the elected officials and city staff who teach each unit.

To participate in Glendale University, you must be 16 or older, a resident of Glendale or own a business in Glendale. Attendees who complete eight of the ten GU 101 classes will be honored. The deadline for registering for Glendale University 101 is Friday, March 8. [Click here](#) to register online or call the Neighborhood and Human Services Department at 623-930-3611.



AZ SciTech Festival at Glendale Community College. Join us from 4-7 p.m., Friday, February 22 at the Arizona SciTech Festival at Glendale Community College, 6000 W. Olive Ave.

Participate in activities, competitions, make-and-takes, and exciting chemistry and physics demonstrations. Attendees will challenge their balance, make their own glow-in-the-dark material, explore geology, pan for gold, and test whether video games really do improve eye/hand coordination. In addition to the activities, those attending will have a chance to meet NASA astronaut Clay Anderson, who has travelled to the International Space Station between 4-5 p.m.

AZ SciTech Festival – GCC North Observatory - Tonight. Come see the stars on Friday, February 15 at the grand opening of the GCC North Observatory! View the night sky through one of our eight telescopes, guided by faculty members from the GCC Astronomy Department from 7-9 p.m. This event is appropriate for all ages! GCC North is located at 5727 W Happy Valley Rd.

[Click here](#) for more information about the Arizona SciTech Festival.

Glendale Fire Department Encouraging Residents to Help Mend a Broken Heart. Now that Valentine's Day has passed, the Glendale Fire Department wants everyone to think outside the "candy" box and be prepared to mend a broken heart!

A survey conducted by the American Red Cross showed that 25% of people have been in a situation where someone needed CPR. Would you know what to do?

When an adult's heart stops, also known as cardiac arrest, they need immediate CPR to have a chance to survive this traumatic event. Statistics show that only 30% receive that immediate CPR. Most bystanders that don't act are either uncertified in CPR or afraid

that they will further hurt the person that is in need of CPR. These are the reasons that the American Heart Association has created *Hands-Only* CPR.

Hands-Only CPR is exactly what it sounds like; you only use your hands. No more mouth-to-mouth, no more CPR ratios of 15:2 (15 compressions for every 2 breaths), etc. If you see an adult collapse, call 911, and push hard and fast in the center of their chest until the fire department arrives. You can only help the patient by taking action.

Please visit www.glendaleaz.com/fire to learn *Hands-Only* CPR. It's that easy and yes, there's an app for that!

REMINDERS

- **Glendale Citizen Police Academy.** The Glendale Police Department is accepting applications for the upcoming Citizen Police Academy which begins on Wednesday, March 13, 2013. The application deadline of March 1st is quickly approaching! For more information on the Glendale Citizen Police Academy and other community and citizen involvement events and opportunities [click here](#).
- **2013 Ruth Byrne Historic Preservation Award Nominations.** The Glendale Historic Preservation Commission is accepting nominations for the 18th Annual Ruth Byrne Historic Preservation Award. The purpose of the award is to recognize individuals or organizations for outstanding contributions to Glendale's historic heritage. Nominations must be received on or before March 1, 2013. To nominate someone or for more information, [click here](#) or call 623-930-2585.

Around Town

Council Meetings and Workshops. To review the posted agenda and web video of Council Workshops and meetings, please [click here](#).

Upcoming Water and Home Energy Efficiency Classes. The city of Glendale's Conservation and Sustainable Living Program offers a variety of free classes for Glendale residents. [Click here](#) for upcoming events.

Glendale Woman's Club Fashion Show and Luncheon. Mark your calendar for this annual fun-filled event. The Glendale Woman's Club Annual Charity Benefit Fashion Show and Luncheon will be held on Saturday, February 23, 2013 from 11:30 a.m.- 2 p.m. at the Woman's Club located at 7032 North 56th Avenue. This year's theme is Bodacious Bash at the Beach. Enjoy a delicious lunch, prizes, and raffles. Tickets are \$20. Fashions will be presented by Draper's and Damon's. For more information and group reservations call 623-271-4176.

SAT Practice Test – Saturday, Feb. 23. Not sure what to expect on the SAT? This simulated test will help teens, ages 14-19, gain a better perspective of what the SAT test will be like. Get a jump on the real thing by taking an SAT Practice Test. The exam is given under true-to-life testing conditions from 1 to 5:30 p.m., Saturday, February 23 at the Velma Teague Library, 7010 N. 58th Avenue. Teens will receive a score analysis and useful test-taking advice during a follow-up "Strategy Session" from 6:30-8 p.m. on Thursday, February 28. Both programs are free of charge in cooperation with The Princeton Review of Arizona. Seating for this class is limited, to register, call 1-800-2REVIEW or visit www.princetonreview.com.

Glendale Folk & Heritage Festival. Join us for the Glendale Folk & Heritage Festival from 10 a.m. to 5 p.m., Saturday and Sunday, March 23 & 24 at [Sahuaro Ranch Park Historic Area](#), 9802 N. 59th Ave. Enjoy more than 150 performers featuring everything from folk and bluegrass music to cowboy poetry and storytelling or participate in a hands-on workshop. Bring your instrument and join in a musical jam with others or just bring the family to enjoy the rich music and entertainment, historic home tours and food vendors. Admission is free, call 623-930-4200 for more information.

Glendale Family Bike Ride – Save the Date. One of Glendale's favorite family traditions is back! Join hundreds of riders for wonderful weather and great exercise at the annual Glendale Family Bike Ride on Sunday, April 14 at Sahuaro Ranch Park. More information is to come!

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