

Eat Your Yard!

The Desert Can Feed You

Growing an edible food forest offers multiple benefits...

- Produces food for people and wildlife
- Provides clean air, shelter and shade
- Conserves water and energy

Choose native plants with differing fruiting seasons to enjoy food year-round.

Research all plants before harvesting to identify which varieties are edible and safe to eat.

Choose a variety of trees, shrubs, vines and ground cover plants. Plants of varying heights mimic a natural forest.

Avoid using herbicides and pesticides to protect people, wildlife and the environment.

Group plants in clusters to maximize food production in small urban spaces.