

FOR IMMEDIATE RELEASE: March 12, 2013
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APRIL 2013 EVENT/ACTIVITY LISTINGS

GLENDALE, Ariz. – The following events are offered from the city of Glendale Parks, Recreation and Library Services in April. The programs are free unless otherwise stated.

Adult Coed Racquetball Leagues

6 to 8 p.m., Mondays or Wednesdays, for 8 weeks beginning April 1 or 3 at the Foothills Recreation & Aquatics Center, 5600 W. Union Hills Dr.

Adult coed points-based racquetball leagues are offered on Monday and Wednesday evenings. Wednesdays are for advanced players. Price is \$25 (non-Glendale resident \$33). For more information or to register, call 623-930-4610.

An Introduction to Reflexology

10 a.m. to 12 p.m., Tuesday, April 2 at the Foothills Recreation & Aquatics Center, 5600 W. Union Hills Dr.

Reflexology is the ancient art of natural healing, involving the physical act of applying pressure to the feet, hands or ears with specific thumb, finger and hand techniques. Learn how to give yourself a basic reflexology foot massage that will help to relieve stress and tension, improve blood circulation, promote the unblocking of nerve impulses and help you to achieve a state of homeostasis naturally. Bring a yoga mat. Chairs will be available if preferred. Class price is \$23 (non-Glendale resident \$28). For more information or to register, call 623-930-4613.

Familytime

6:30 to 7 p.m., Tuesday, April 2 at the Foothills Branch Library, 19055 N. 57th Ave.

Stories, fingerplays, songs and a short movie entertain families. Children of all ages are welcome to attend but adults must accompany children under three. Call 623-930-3837 for more information.

Gentle Reads Book Discussion Group

10 a.m. to 12 p.m., Wednesday, April 3 at the Foothills Branch Library, 19055 N. 57th Ave.

Join the library on the first Wednesday of every month to discuss emotionally-uplifting and inspirational fiction. This month's selection is "The Shell Seekers" by Rosamunde Pilcer. Call 623-930-3844 for more information.

Job Searching Lab

1 to 4 p.m., Wednesday, April 3 at the Velma Teague Branch Library, 7010 N. 58th Ave.

Steve Schrade, former director of Human Resources for Bashas' and an Estrella Mountain Community College instructor, will be available to offer job coaching assistance. This open lab is for online job searching, resume writing and other job-related activities. For more information, call 623-930-3582.

Foothills Coffeehouse: Live Acoustic Music

6:30 to 8 p.m., Wednesday, April 3 at the Foothills Branch Library, 19055 N. 57th Ave.

On the first Wednesday evening of every month at the library, enjoy acoustic music performed by local musicians. This month features Four Shillings Short playing Celtic, folk and world music. For more information, call 623-930-3844.

- MORE -

APRIL EVENTS

Add 1-1-1-1

Mastering Math with Miss Misty

6 to 7:30 p.m., Thursday, April 4 at the Velma Teague Branch Library, 7010 N. 58th Ave.

Whether you need assistance with homework or just sharpen your math skills, Misty is at the library to help with math levels kindergarten through algebra as well as geometry and trigonometry. Be sure to bring your textbook with you. Registration is not required. Call 623-930-3437 for more information.

Movie Matinee: "Dr. Seuss' The Lorax"

2 to 4 p.m., Friday, April 5 at the Foothills Branch Library, 19055 N. 57th Ave.

Bring a snack and spend your early release day following the heroic journey of a boy as he searches for the one thing that will enable him to win the affection of the girl of his dreams. To find it he must discover the story of the Lorax, the grumpy yet charming creature who fights to protect his world. (Rated PG, 86 minutes) For more information, call 623-930-3837 or stop by the youth reference desk.

Free Sportball Day

Saturday, April 6, at the Foothills Recreation & Aquatics Center, 5600 W. Union Hills Dr.

Professionally trained instructors introduce children, ages 16 months to 5 years, to the concepts and skills involved in up to eight sports in exciting and dynamic classes. Sportball's skill progression and refinement methodology is at the forefront of developmentally appropriate sports instruction techniques. All equipment is provided. Parent participation required for ages 16mo. - 3 years. Ages 16 months to 2 years meet from 9 to 9:45 a.m. Ages 2-3 meet from 9:45 to 10:30 a.m. Ages 3-5 meet from 10:30 to 11:30 a.m. For more information or to register, call 623-930-4613.

Spectacular Spring Book Sale

12 to 5 p.m., Saturday, April 6 at the Foothills Branch Library, 19055 N. 57th Ave.

Stop by the library and shop in our Roadrunner Room for books and media for adults, kids and teens. Our Hummingbird Room will host an all-afternoon "Buck-a-Bag" sale. For more information, call 623-930-3854.

My Kids in Sign Begins

1 to 3 p.m., Saturday, April 6 at the Glendale Main Library, 5959 W. Brown St.

Are your children interested in sign language? This is their chance to learn some sign language and express themselves through musical interpretation. Workshops begin April 6 and continue on April 13, 20 and 27. Performances will be held on May 4 at 1 p.m. and 3 p.m. Additional rehearsals will be held on April 29, 30 and May 1. Register online or call the library at 623-930-3537.

Paws to Read!

3-4 p.m., Saturday, April 6 at the Glendale Main Library, 5959 W. Brown St.

This is your chance to read to Wizardo, a dog who loves reading! Reading to a dog is comforting, provides a self esteem boost and dogs are great listeners. Readers ages 5 and older may sign up for a 15-minute session. Wizardo has received canine good citizen certification. Call 623-930-3537 to register.

"P" Picnic!

10:30 to 11:30 a.m., Tuesday, April 9 at the Velma Teague Branch Library, 7010 N. 58th Ave.

The library proudly presents our popular annual celebration of the letter "P." Join us for a perfectly pleasing picnic that will include a puppet show, parachute playtime, "P" themed storytelling and plenty of popcorn, pretzels and peppermint patties! Registration is not required. Call 623-930-3437 for more information.

Acoustic Jam

6 to 8 p.m., Tuesday, April 9 at the Foothills Branch Library, 19055 N. 57th Ave.

Bring your acoustic instrument and play round-robin style. Audience always welcome. For more information, call 623-930-3844.

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APRIL EVENTS

Add 2-2-2-2

Healers, Hucksters, & Heroes: Medicine in Early AZ

6:30 to 8 p.m., Wednesday, April 10 at the Foothills Branch Library, 19055 N. 57th Ave.

This presentation is part of the Explore Arizona Lecture Series. Dr. Robert E. Kravetz, medical historian, will present this lecture on early Arizona medicine. Territorial medical history is traced from the pre-Civil War period to statehood in 1912 when "bleed, blister and purge" was the physicians' slogan. Military surgeons, charlatans and quacks, adventurous licensed physicians and health seekers were all involved in the saga of Arizona medicine. Learn about treatments for arrow wounds, amputations for lead shot shattered bones and herbs and patent medicines, as well as what the doctor on horseback carried in his saddlebags. Examine actual instruments used by Territorial physicians, as Dr. Kravetz guides you on a tour of the Arizona Territory when the risks of the hospital often superseded the risks of the injury or disease. This program is co-sponsored by the Arizona Humanities Council. For more information, call 623-930-3844.

Ranch Site Tour

11 a.m., Friday and Saturday, April 12 and 13 at the Sahuaro Ranch Park Historic Area, 9802 N. 59th Ave.

Learn the history of the 1800's Ranch with this free tour highlighting Sahuaro Ranch's various buildings, barnyard, historic trees and groves. Wear comfortable shoes and meet on the Main House front porch. For more information, call 623-930-4200.

Social Dance

6:30 to 9 p.m., Friday, April 12 at the Foothills Recreation & Aquatics Center, 5600 W. Union Hills Dr.

Experience Ballroom, Jazz and more. Highlights of the evening include an instruction session and dance performances. Entrance is \$7 at the door (non-Glendale resident \$9). For more information, call 623-930-4613.

Cake Decorating Basics – Course 1

10 a.m. to 1 p.m., Saturdays, April 13, 20, 27 and May 4

at the Foothills Recreation & Aquatics Center, 5600 W. Union Hills Dr.

Experience the excitement of successfully decorating your first cake in this class. Learn to decorate a cake, step by step, bake a cake and make color icing. Practice the fundamentals of decorating cakes, cookies and cupcakes. Create icing drop flowers, rosettes, leaves, shaggy mums, ribbon rose and more. "Cake Decorating Basics Course 1" Wilson kit is required and can be purchased at craft stores (approximately \$34). A book will be provided at class. Spanish is available on request. Class price is \$69 (non-Glendale resident \$83). For more information or to register, call 623-930-4613.

Organic Gardening Class

10 a.m. to 2 p.m., Tuesday, April 16 at the Glendale Adult Center, 5970 W. Brown St.

Enjoy delicious, healthy, homegrown fruits and vegetables freshly picked from your garden. Learn to prepare soil, make compost and use organic fertilizers and soil amendments. Class is \$35 (Non-Glendale resident \$42). For more information or to register, call 623-930-4613.

The 58th Avenue Book Group

10:15 to 11:30 a.m., Tuesday, April 16 at the Velma Teague Branch Library, 7010 N. 58th Ave.

Join us for coffee, donuts and great discussion. April's selection is an old classic, "The Secret Garden." Copies of the current selection will be available at the Velma Teague Reference Desk. For more information, please call 623-930-3431.

High-Altitude Hiking: Lessons from Mt. Whitney Climb

6:30 to 8 p.m., Tuesday, April 16 at the Foothills Branch Library, 19055 N. 57th Ave.

This lecture is presented by David Jenkins, D.P.M. and Jeffrey Page, D.P.M. of the Midwestern University Foot and Ankle Clinic and the Arizona School of Podiatric Medicine. Dr. Jenkins and Dr. Page will share hard-earned hiking tips and anecdotes from their experience climbing Mt. Whitney, the highest point in the contiguous United States (14,505 feet). Topics will include what to expect, how to prepare, what to take and what footwear to choose for high-altitude hikes, as well as understanding and treating altitude sickness. For more information, call 623-930-3868.

APRIL EVENTS

Add 3-3-3-3

Celebrate the Earth Recycle Craft

3 to 5 p.m., Wednesday, April 17 at the Glendale Main Library, 5959 W. Brown St.

In celebration of Earth Day, children between the ages of 4-12 are invited to come and make a cool craft out of recyclables. First come, first served. For more information call 623-930-3537.

Getting Crafty with Miss Janet!

3:30 to 4 p.m., Thursday, April 18 at the Velma Teague Branch Library, 7010 N. 58th Ave.

Create a cool Earth Day planter using recycled materials during this special craft session. Crafters younger than 6 years old will need an adult helper. Registration is not required. For more information, call 623-930-3437.

Party for the Planet!

7 to 10 a.m., Saturday, April 20 at New River, meeting at 83rd Avenue just north of Union Hills Dr.

Join millions around the globe to make your community and the world cleaner and more sustainable as part of the annual Earth Day celebration. Volunteers are needed to help clean up New River. To volunteer for this event, email the Glendale Volunteer Program at awilkie@glendaleaz.com. Volunteers from both Glendale and Peoria will clean up New River and the trail.

StarGuard Lifeguard Training

8 a.m. to 6 p.m., Saturdays, April 20 and 27

at the Foothills Recreation & Aquatics Center, 5600 W. Union Hills Dr.

Ages 15 and older can take the StarGuard training class. Curriculum includes prevention, surveillance, emergency care, aquatic rescue, professionalism and personal safety. Participants must be strong swimmers with the ability to swim 300 yards continuously, and retrieve an item off the bottom of the pool and swim 20 yards with the object. Upon completion of course, those who pass will earn a one-year certification in StarGuard lifeguard training and first aid and CPR/AED training. Bring a sack lunch to class. The price is \$100 (non-Glendale resident \$120). For more information or to register, call 623-930-4600.

Flutasia Flute Quartet: Spring Concert

3 to 5 p.m., Saturday, April 20 at the Foothills Branch Library, 19055 N. 57th Ave.

Join the library for a relaxing performance featuring classical and contemporary musical favorites your whole family will enjoy. Performed by flutists Karen Thomasson, Nora Welsh, Debbie Hutson and Rebekah Lowe. For more information, call 623-930-3844.

Creating a Road Map of Success for Your Child

6:30 to 7:30 p.m., Monday, April 22 at the Foothills Branch Library, 19055 N. 57th Ave.

What qualities are important to instill and teach your child? When and how do you plan to do this? Where do you want your child to be in 3-5 years? In this hands-on presentation/collaboration led by Darci Nakagawa, parent and life coach of Ohana Wisdom, parents will assist with brainstorming ideas, learn simple ways to interact with children and share ideas with other parents. Come prepared to share your success stories. Childcare will be available, registration is requested. Call 623-930-3837 for more information and to register.

Container Gardening Class

10 a.m. to 2 p.m., Tuesday, April 23 at the Glendale Adult Center, 5970 W. Brown St.

This course will cover the basics of growing organic fruits and vegetables in containers and/or raised beds. Topics will include choosing containers, potting mixes/soil, seeds and using soil amendments and fertilizers. No previous gardening experience needed. Class is \$35 (Non-Glendale resident \$42). For more information or to register, call 623-930-4613.

Free Developmental Screenings

10 a.m. to 3:30 p.m., Tuesday, April 23 at the Velma Teague Branch Library, 7010 N. 58th Ave.

The Arizona Literacy and Learning Center (ALLC) will be offering developmental screenings free of charge at the library for children 3-5 years of age. The screenings will include vision, hearing, articulation, language, concepts, gross and fine motor skills, pre-literacy, social and emotional development and self-help. Appointments may be scheduled through ALLC by calling 602-212-1089 ext. 201 (English) or 602-212-1089 ext. 208 (Español).

APRIL EVENTS

Add 4-4-4-4

Afternoon Delight

1 p.m., Wednesday, April 24 at the Glendale Adult Center, 5970 W. Brown St.

Ron Rose will entertain with classic Country Western music. Dessert will be provided. For more information, call 623-930-1234.

Childsplay Theater: Tomas and the Library Lady

6 to 7 p.m., Wednesday, April 24 at the Foothills Branch Library, 19055 N. 57th Ave.

Tomas loves stories. Grandfather tells them every night during the summer when the family leaves Texas to pick crops in Iowa. But soon Tomas knows all the stories by heart and that's when Papa Grande tells him about the library. When Tomas meets the library lady nothing is ever the same again. For more information, call 623-930-3837.

Writers Group Workshop

6 to 8 p.m., Wednesday, April 24 at the Foothills Branch Library, 19055 N. 57th Ave.

Join us the final Wednesday of each month to meet fellow writers and hear thoughtful feedback on your work. All genres and writing styles welcome. New attendees must call to register. For more information, call 623-930-3853.

"Get Graphic!" Teen Book Club

6:30 to 7:30 p.m., Thursday, April 25 at the Velma Teague Branch Library, 7010 N. 58th Ave.

Manga and comic book fans will not want to miss this monthly opportunity to talk with other teens about their favorite graphic reads! Upcoming movies and video games will also be discussed. Bring along a graphic novel or comic book of your choice. Snacks will be provided. Ages 12-18. Register online or call 623-930-3437.

Successful Interview Techniques

10 a.m. to 12 p.m., Tuesday, April 30 at the Glendale Main Library, 5959 W. Brown St.

Learn what employers are looking for during interviews. Dress, interview preparation, body language, selling yourself, legal and illegal interview questions and interview follow-up will be reviewed. For more information, call 623-930-3582.

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