

FOR IMMEDIATE RELEASE

Sept. 3, 2009

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**GLENDALE OFFERS
CPR AND FIRST AID TRAINING**

GLENDALE, Ariz. – Be prepared in an emergency. The Glendale Parks and Recreation Department is offering a class on CPR and first aid.

Class students will learn basic CPR and first aid and gain the knowledge and skills necessary to administer emergency care in cases of injury or sudden illness.

The class will be held from 6 to 9 p.m., Friday, Sept. 11 at the Foothills Recreation & Aquatics Center, 5600 W. Union Hills Dr. The class fee is \$34 for Glendale residents and \$41 for non-residents. Preregistration is required.

Students will receive successful completion cards at the end of class. For an additional \$5, payable at class, the health care provider option is available.

For more information or to register, call 623-930-4613.

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