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## FOOTBALL WIDOWS INTERCEPT SUNDAYS WITH CLUB OF THEIR OWN

**Glendale, Ariz.** — When your significant other sits in front of the television all day watching football on Sundays are you bored? Wouldn't you like to find some activities, creative projects and a way to socialize instead of hanging around the house? Turn your Sundays into “fundays” and join the Football Widows Club.

With 14 weeks of activities in the West Valley, the club is for people just like you, who aren't into spending their Sundays in front of the television yelling as if the players and referees can hear. As a club member, you can take part in a variety of activities designed just for you. Some of the planned events are free and some have a nominal charge, and you can participate in all of them or pick and choose.

In addition members will receive additional benefits such as discounts on the regular prices for most of the activities, along with coupons and other surprises. The club isn't just for women either.

“We know there are a lot of men that just aren't into the fall sports,” stated Marcheta Strunk, public information office for Glendale. “Tell your friends and family to join with you or come alone and meet some other wonderful, active people.”

This club is for adults ages 18 and older. Transportation will not be provided to events, but carpooling is highly encouraged. Signing up for the club is free, although some of the activities have an entry/registration fee. For details and to sign up for the Football Widow's Club, visit [www.glendaleaz.com/footballwidows](http://www.glendaleaz.com/footballwidows). For more information, call 623-930-2822.

Below is the lineup of activities, which is subject to change (check website periodically for updates):

- **Sept. 29 Ultimate Football Party Workshop**  
Kick off the club with a creative activity where you will make and take home a football-themed table runner and field-goal centerpiece that doubles as a beverage container. This is perfect to take back to your football fan to set up before you leave for all the other Sunday events. This event does have a registration fee.
- **Oct. 6 Sahuaro Ranch Historic Main House Tour**  
Take a trip back in time and learn about the house built between 1891 and 1898, the history and the people who lived there. Also visit with the Ranch residents – peacocks and chickens who roam the property. This is a free activity

- **Oct. 13 Lunch and Shopping at Westgate Entertainment District and Tanger Outlets**  
Savor lunch at one of the many restaurants at Westgate Entertainment District then walk over to Tanger Outlets to shop great deals. This activity is free, but attendees will need to pay for their lunch and shopping purchases.
- **Oct. 20 Halloween Cupcake cooking & design class**  
Create your own cupcake masterpieces and take them home to enjoy. This class does have a registration fee.
- **Oct. 27 Wild Western Festival: History Meets Hollywood**  
Marvel at the gunfights and stunt shoes, American Indian dancers, trick horses, magic shows, live music, artisans and crafters, chuck wagon food and other festival food and drinks. The festival does have an entrance fee.
- **Nov. 3 Xeriscape Botanical Garden Tour and Library Relaxation Day**  
Tour the award-winning Xeriscape Botanical Garden of nearly four acres with more than 400 species of plants. Afterwards, enjoy a relaxing time at the library, get a library card (good at any Maricopa County library) or check out the music and DVD collection. This program is free.
- **Nov. 10 "Ragtime" at Theater Works**  
Tap your toes to the musical "Ragtime." Jazz, automobiles, new ideas and new industries – the Ragtime era was when America came of age. This event has an admission fee.
- **Nov. 17 Thunderbird Conservation Park Hike**  
Take a less than a one-mile hike through the beautiful Sonoran Desert at the Thunderbird Conservation Park. See some great views and wildlife and enjoy the weather. The hike is free.
- **Nov. 24 Wildlife World Zoo & Aquarium**  
Enjoy the zoo in a new way – kidless. Wildlife World Zoo & Aquarium displays Arizona's largest collection of exotic animals. The zoo does have an admission fee.
- **Dec. 8 Uptown Alley**  
Get your game on at Uptown Alley, which is home to 40 lanes of bowling, laser tag, over 75 video and prize games, billiard tables, sports theatre and the Red Embers Bar & Grill. This program will have fees.
- **Dec. 15 Downtown Glendale Dinner and Glitters Light Display**  
Head to downtown Glendale for a dinner at one of downtown's best restaurants followed by a stroll through Glendale Glitters' 1.5 million lights. The light display is free, but attendees will need to pay for their dinner.
- **Dec. 22 "Amahl and the Night Visitors" at the West Valley Symphony**  
Get in the holiday spirit with the Christmas opera "Amahl and the Night Visitors" with Cantilena. A few days before Christmas Amahl, a disabled boy, meets the Three Kings during a dream. This event does have an admission fee.
- **Dec. 29 "The Sound of Music" at the Arizona Broadway Theatre**  
One of the world's most-beloved musicals, "The Sound of Music," with memorable songs like "Edelweiss," "My Favorite Things" and "Climb Ev'ry Mountain," will be brought to life on the Arizona Broadway Theatre stage. This event does have an admission fee, but includes lunch.
- **Jan. 5 Pickleball Games at the Foothills Recreation & Aquatics Center**  
Ever head of Pickleball? Play some fun games of this paddle sport, which combines elements of badminton, tennis and table tennis. Similar to tennis, but a pickleball ball typically moves slower and the court is about one-third the size. This program will have an admission fee.

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