

FOR IMMEDIATE RELEASE: November 6, 2013
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JANUARY 2014 EVENT AND ACTIVITY LISTINGS

GLENDALE, Ariz. – The following events are offered from the city of Glendale Parks, Recreation and Library Services Department in January. The programs are free unless otherwise stated.

Golf 101 Workshop

12 to 1 p.m., Saturdays for 4 weeks beginning Jan. 4 or 6 to 7 p.m., Wednesdays for 4 weeks beginning Jan. 8 at the Glen Lakes Golf Course, 5450 W. Northern Ave.

In just a few lessons you'll learn everything you need to play golf. In Golf 101, PGA professionals will demonstrate the many ways to play by combining fun, friends and fitness. This workshop is for ages 18 and older. The workshop is \$50 (non-resident \$60). Preregistration is required. Call 623-930-2820 to register. Call 623-930-4613 for more information.

Wee Readers at Westgate

10:30 to 11 a.m., Monday, Jan. 6 at Gallery Glendale at Westgate, 9380 W. Westgate Blvd.

Stories, rhymes, finger plays and songs all for newborns through ages 5 and their caregivers. For more information, call 623-930-3537.

Adult Co-Ed Racquetball Leagues

6 to 8 p.m., beginner and intermediate players on Mondays for 8 weeks starting Jan. 6 and advanced players on Wednesdays for 8 weeks starting Jan. 8 at the Foothills Recreation & Aquatics Center, 5600 W. Union Hills Dr.

Adult coed, points-based racquetball leagues are available for fun and friendly competition. Beginners/intermediate play on Mondays and advanced players on Wednesdays. The leagues are \$25 (non-resident \$33). Preregistration is required. Call 623-930-4600 to register or 623-930-4608 for more information.

Deep Water Aerobics

Jan. 6 through Feb. 1 at the Foothills Recreation & Aquatics Center, 5600 W. Union Hills Dr.

Those looking for a new workout challenge should try the popular Deep Water Aerobics. The program, for ages 15 and older, provides a cardiovascular, resistance and a serious core workout in the refreshing comfort of the center's beautiful lap pool. Class 1 held at 11:45 a.m. on Tuesdays and Thursdays; class 2 held 6 p.m. on Mondays, Tuesdays, Wednesdays and Thursdays; Class 3 held at 8 a.m. on Saturdays. All classes are one hour and prices vary based on class. Call 623-930-4600 for information or to register.

Glendale Coffeehouse

6:30 p.m., Thursday, Jan. 9 at the Glendale Main Library, 5959 W. Brown St.

Join the library on the second Thursday evening of every month for acoustic music from area musicians. This month Gavan Wieser originals and Randy Brown, Craig Griffin and Jon Iger originals. For more information, call 623-930-3573.

Bowling Bonanza

9–11 a.m., Saturdays, Jan. 11 to March 1 at Glenfair Lanes Bowling Alley, 6110 N. 59th Ave.

This is a special bowling program for individuals ages 8 and older with physical, mental, emotional or social disabilities. Improve your bowling game, enjoy the support of others and make new friends. Parents, guardians and care givers volunteer and assist those with special needs to make this a rewarding experience. Bowling ramps are available to registered bowlers. Instruction is not provided. The program is \$23 for entire session (non-resident \$30) and includes use of a bowling ball and shoes. For more information, call Anthony Garcia at 623-930-4335.

Real to Reel Book Discussion

1 p.m., Monday, Jan. 13 at the Glendale Main Library, 5959 W. Brown St.

Every other month this group discusses a book turned into a movie. Read the book, see the movie or do both and join us for discussion. January's selection is "Winter's Bone" by Daniel Woodrell. For more information, call 623-930-3531.

JANUARY EVENTS AND ACTIVITIES

Add 1-1-1-1

Society of Bibliographic Logomachists

Monday, Jan. 13 and 27, 1:30 p.m. at the Foothills Branch Library, 19055 N. 57th Ave.

Ages 13-18 are invited to join the society's exploration of classic literature. The meetings are held on the second and fourth Monday of each month. For current book title and registration, contact Tonie at 602-547-5972.

Classics Book Club

Monday, Jan. 13 and 27, 1:30 p.m. at the Foothills Branch Library, 19055 N. 57th Ave.

Tweens, ages 7-12, are invited to join the club's exploration of classic literature. Meetings are twice a month on the second and fourth Mondays. Contact Tonie at 602-547-5972 for current book title and registration.

Steampunk Ball

6 to 7 p.m., Monday, Jan. 13 at the Glendale Main Library, 5959 W. Brown St.

Do you long for a world of steam-powered machines plus Victorian-era garb? Wish you could live in Scott Westerfeld's Leviathan books? Dress-up in your best clockwork and keys fashion and join others like you in this teens-only (ages 12-18) event celebrating this awesome genre. For information or registration, call 623-930-3537, stop by the youth reference desk or register online at www.glendaleaz.com/library.

Benevilla Family Resource Center: Application Help

All day, Tuesday, Jan. 14 at the Velma Teague Branch Library, 7010 N. 58th Ave.

The Benevilla Family Resource Center, "The Family Link to Community Resources," will help adults apply online for AHCCCS Health Insurance, KidsCare, SNAP-Nutrition Assistance (formerly Food Stamps) and TANF Cash Assistance, using Health-e-Arizona. Appointments will be taken every second Tuesday of the month. Appointments are limited, so call 623-207-6016 to sign up.

Acoustic Jam

Tuesday, Jan. 14, 6 p.m. at the Foothills Branch Library, 19055 N. 57th Ave.

Bring your acoustic instrument and play round-robin style. Audience members are welcome. For more information, call 623-930-3844.

Belly Dance - Level I Class

7:10 to 8:10 p.m., Tuesdays for 8 weeks beginning Jan. 14 at the Foothills Recreation & Aquatics Center, 5600 W. Union Hills Dr.

This dance style incorporates stretching and muscle movements that promote toning in arms, legs and core and is great for all abilities. Focus is on basic moves and how to flow from one move to the next. Each session highlights a particular sub style of belly dance. Wear comfortable, form-fitting clothing in order to see and understand the moves. The class is for ages 16 and older and is \$59 (non-resident \$71). Preregistration is required. Call 623-930-2820 to register or 623-930-4613 for more information.

STEM @ Your Library: Kaleidoscope Fun!

4 to 5 p.m., Wednesday, Jan, 15 at the Glendale Main Library, 5959 W. Brown St.

Tweens, ages 7-12, explore the world of science, technology, engineering and mathematics through kaleidoscopes. Participants will learn about kaleidoscopes, how they work and build one to take home. This program is supported with funds granted by the Arizona State Library, Archives, and Public Records Agency, a division of the Arizona Secretary of State, under the Library Services and Technology Act. Registration is required and begins on Thursday, Jan. 2. Call 623-930-3537, stop by the youth reference desk, or visit www.glendaleaz.com/library to register.

Kitabu Reading Loom

6 to 8 p.m., Wednesday, Jan. 15 at the Glendale Main Library, 5959 W. Brown St.

The Kitabu Reading Loom group reads and reviews literature by and/or about people of African descent. This month's selection is "Rising Fences" by Michael Datcher. For more information, call 623-974-0238.

Super Singers Class

6:30 to 7:30 p.m., Wednesdays for 6 weeks beginning Jan. 15 at the Foothills Recreation & Aquatics Center, 5600 W. Union Hills Dr.

Ages 9-14 will learn voice technique, song preparation and more. Singers will sing in an ensemble and soloist setting. No prior experience required. Notebook and pencil suggested, and an \$8 supply fee will be collected at class. The class is \$80 (non-resident \$96). Preregistration is required. Call 623-930-2820 to register or 623-930-4613 for more information.

JANUARY EVENTS AND ACTIVITIES

Add 2-2-2-2

A Novel Approach Book Discussion Group

Wednesday, Jan. 15, 7 p.m. at the Foothills Branch Library, 19055 N. 57th Ave.

Join us on the third Wednesday of every month to discuss engaging and thought-provoking popular fiction. Call Sarah at 623-930-3844 for a list of discussion titles and more information.

eBook Reader Lab

1 to 2:30 p.m., Thursday, Jan. 16 at the Glendale Main Library, 5959 W. Brown St.

Gain valuable information from digital librarian Marlene Jacobson. Bring your own eReader for specific advice. An assortment of the most popular readers will also be available for you to explore. No registration is necessary. For more information, call 623-930-3531.

Social Security: What Everyone Needs To Know

6 to 7:30 p.m., Thursday, Jan. 16 at the Foothills Recreation & Aquatics Center, 5600 W. Union Hills Dr.

This one-day class will answer the following questions: When should I take my Social Security benefits? Should I continue to work while collecting Social Security? How is my benefit amount determined? The instructor will discuss strategies to position yourself for your social Security benefits. Maximize your benefit and cash flow through tax planning before and after taking your benefit. Instructor Marty Urbanowicz's qualifications as a Certified Financial Planner and Enrolled Agent federally licensed tax practitioner, make this one-of-a-kind class useful and education from multiple angles. The class is \$20 (non-resident \$24). Preregistration is required. Call 623-930-2820 to register or 623-930-4613 for more information.

Rejuvenation Reflexology

9 to 10 a.m., Tuesdays for 6 weeks beginning Jan. 21 at the Foothills Recreation & Aquatics Center, 5600 W. Union Hills Dr.

Discover techniques for self-reflexology of the ears, hands and feet, and bring your whole body into a state of balance. Calm the mind with breath techniques and meditation (Yoga Nidra), and move the body into relaxing yoga stretches (restorative/Yin styles). A yoga mat and a large towel for support are suggested. The six-week class is \$47 (non-resident \$56). Preregistration is required. Call 623-930-2820 to register or 623-930-4613 for more information.

The 58th Avenue Book Group

Tuesday, Jan. 21, 10:15 a.m. at the Velma Teague Branch Library, 7010 N. 58th Ave.

Join us for coffee and donuts every third Tuesday of the month. January's book selection is "Mary Poppins" by P.L Travers. Copies of the selection will be available at the December meeting and at the reference desk. For more information, call 623-930-3431.

Manners & Life Skills Training Workshop

Tuesdays for 6 weeks beginning Jan. 21. Ages 4-6 meet from 4 to 4:45 p.m. and ages 7-13 from 5 to 6 p.m. at the Foothills Recreation & Aquatics Center, 5600 W. Union Hills Dr.

Children ages 4-13 will learn age-appropriate table etiquette, proper grammar, kindness toward others (including siblings, moms and dads), interrupting properly, speaking up and meeting and greeting skills. Children will use hands-on activities and role playing to help learn the importance of these life skills. The workshop is held in a fun atmosphere and is great for boys and girls. Children will receive hand-outs at every class to share at home. The price is \$79 (non-resident \$89). Preregistration is required. Call 623-930-2820 to register or 623-930-4613 for more information.

Dog Behavior Training

7 to 8:15 p.m., Tuesdays for 4 weeks beginning Jan. 21 at Acoma Park, 53rd and Acoma avenues

Train your dog using friendly, nonviolent techniques. Sit; stay; come; down; walking on a leash; behavior topics; solving problems such as chewing, barking, biting, jumping and more are covered. Bring your dog, leash, treats in small pieces, water bowl, water, your dog's favorite toy and training equipment you already use. A manual and training aid is included. Handlers ages 16 and under must be accompanied by an adult. Dogs must be at least five months old and have proof of shots. The class is \$59 (non-resident \$71). Preregistration is required. Call 623-930-2820 to register or 623-930-4613 for more information.

Toe-Tapping Thursday

Thursday, Jan. 23, 10:30 a.m. at the Glendale Main Library, 5959 W. Brown St.

Sing, clap, and dance in this movement and music program for ages 2-6. A parent/caregiver must be present. Space is limited, available on a first-come, first-served basis. For more information, call 623-930-3537.

JANUARY EVENTS AND ACTIVITIES

Add 3-3-3-3

Live At The Library: Flamenco Duet-Chris and Lena Jacome

6:30 p.m., Thursday, Jan. 23 at the Glendale Main Library, 5959 W. Brown St.

Chris and Lena's strong partnership and artistic communication mesmerize audiences as they share an unforgettable experience filled with award-winning flamenco music and dance. This program is funded by a grant from the City of Glendale's Performing Arts Partnership Program. For more information, call 623-930-3573.

Beginning Ice Skating Lessons for Teens and Adults

9:45 to 10:15 a.m., Saturdays for 8 weeks beginning Jan. 25 at Polar Ice Peoria, 15829 N 83rd Ave.

Learn to ice skate and be up and skating in eight weeks. Ages 14 and older are invited to participate. All registered skaters may also skate free on Saturdays, 12:30 to 3:30 p.m. during public skate sessions. The price is \$85 (non-resident \$102) and includes skate rentals. Preregistration is required. Call 623-930-2820 to register or 623-930-4613 for more information.

18th Annual Arizona Songwriters Gathering

10 a.m. to 4:30 p.m., Saturday, Jan. 25 at the Glendale Main Library, 5959 W. Brown St.

Participate in this free event with live music performances all day on two stages and song critique sessions. Also gain information at workshops and lectures on crafting songs, getting songs into film and television, marketing with social media and more. This event is also great for audiences to enjoy the stage entertainment. For more information, call 623-930-3573.

Learn To Play Chess

11 a.m. to 12 p.m., Saturdays for 6 weeks beginning Jan. 25 at the Foothills Recreation & Aquatics Center, 5600 W. Union Hills Dr.

Learn the basics and fundamentals of chess, how to set up the chess board, about the pieces and the movement of the pieces. Class is \$30 (non-resident \$36). Preregistration is required. Call 623-930-2820 to register or 623-930-4613 for more information.

Points-Based Poker League

6:30 to 9 p.m., Mondays for 7 weeks beginning Jan. 27 at the Foothills Recreation & Aquatics Center, 5600 W. Union Hills Dr.

Ages 18 and older can participate in this fun, recreational and educational program. Designed for the avid poker fan or beginner looking for a relaxed environment to learn Texas Hold 'Em. No prize money is involved, and no prior experience needed. The league features six regular-season games followed by an end-of-season tournament. The league is \$17 (non-resident \$21) for the seven weeks or a daily drop-in rate of \$5 (non-resident \$6). Preregistration is required. Call 623-930-4600 to register or 623-930-4610 for more information.

STEM @ The Library: Tiny Builders

10:30 to 11:30 a.m., Tuesday, Jan. 28 at the Glendale Main Library, 5959 W. Brown st.

Little hands can make big things, and join us for this activity-based story and building program. Tiny Builders is aimed at ages 3-6, but younger builders can join in with a parent's help. STEM is an educational initiative featuring science, technology, engineering and mathematics. This program is supported with funds granted by the Arizona State Library, Archives, and Public Records Agency, a division of the Arizona Secretary of State, under the Library Services and Technology Act. For more information, call 623-930-3537.

Acoustic Jam Session

Wednesday, Jan. 29, 6 p.m. at the Glendale Main Library, 5959 W. Brown St.

Bring your acoustic instrument and play round-robin style. Audience members are welcome. For more information, call 623-930-3573.

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