

FOR IMMEDIATE RELEASE: December 22, 2014

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JANUARY 2015 EVENT AND ACTIVITY LISTINGS

GLENDALE, Ariz. – The following events are offered from Glendale's Parks and Recreation and Library divisions in January. The programs are free unless otherwise stated.

Foothills Recreation & Aquatics Center New Membership Drive

Monday, Dec. 15, 2014 – Saturday, Jan. 31, 2015

Foothills Recreation & Aquatics Center will be holding a New Membership drive from Dec. 15 – Jan. 31. Receive 3 months for the price of 2, or buy an annual membership and receive an additional 2 months. Membership includes fitness and exercise equipment, indoor track, aerobics classes, open gym with basketball and pickleball, racquetball courts, lap swimming, water aerobics and child care. For more details, call 623-930-4600, or visit www.glendaleaz.com/foothillscenter.

Create, Connect, Collaborate!

This project is supported by the Arizona State Library, Archives and Public Records, a division of the Secretary of State, with federal funds from the Institute of Museum and Library Services.

Bluegrass Jam

1 to 3 p.m., Fridays, Jan. 2 and 16, at the Foothills Branch Library, 19055 N. 57th Ave.

Bring your acoustic instrument and play bluegrass, country, folk, gospel, and more round-robin style! All levels of players welcome. Audience and singers are also encouraged to attend. For more information, call 623-930-3844.

Activate Your Imagination! Resolve to Read!

6 to 9 p.m., Friday, Jan. 2 and Saturday, Jan. 3, at Gallery Glendale at Westgate, 9380 W. Westgate Blvd., D109

Start the New Year right by making a resolution that's fun for the whole family! On Friday, every hour on the half hour, children, ages 3-11, and their parents/caregivers can attend a story-time and make a related craft. On Saturday, teens and adults can attend book-talks, learn about our book groups, and choose a FREE book. For more information, call 623-930-3531.

Anime and Manga Art

6 to 8 p.m., Monday, Jan. 5, at the Glendale Main Library, 5959 W. Brown St.

Learn about the different genres of Anime and Manga, and a very brief history. Practice drawing different facial features and then easy body poses. Next, design your own mixed media book using pencils, markers, watercolor and collage. All supplies included. Registration begins on 12/21 at 1 p.m. For more information and to register, call 623-930-3573 or visit www.glendaleaz.com/library.

Baby Craft and Playtime

1:30 to 2:30 p.m., Friday, Jan. 9, at the Foothills Branch Library, 19055 N. 57th Ave.

Mrs. Kim would love for you and baby to join her for this fun program. You will create a one-of-a-kind masterpiece using baby's footprint. There will also be time to read and play. Registration begins on 1/2. For more information and to register, call 623-930-3837 or visit www.glendaleaz.com/library.

Creative Creatures

1 to 2 p.m., Saturday, Jan. 10, at the Foothills Branch Library, 19055 N. 57th Ave.

Join artist Shari Keith, The Junk Lady, to make a truly creative creature using all sorts of colorful found and discarded items. Let your imagination and creativity go wild and see what kind of creature ends up following you home! For ages 5-11. Registration begins on 12/20. For more information and to register, call 623-930-3837 or visit www.glendaleaz.com/library.

Fandomonium: Frozen

6 to 7:30 p.m., Monday, Jan. 12, at the Glendale Main Library, 5959 W. Brown St.

If you have strong feelings about Elsa, Anna, Olaf and Sven, come share them with other teen *Frozen* fans. For more information, call 623-930-3537.

Acoustic Jam

6 p.m., Tuesday, Jan. 13, at the Foothills Branch Library, 19055 N. 57th Ave.

6 to 8 p.m., Wednesday, Jan. 28, at the Glendale Main Library, 5959 W. Brown St.

Bring your acoustic instrument and play round-robin style. Audience welcome. For more information, call 623-930-3844 (Foothills) or 623-930-3573 (Main).

Songs in Progress Workshop

6 to 8 p.m., Tuesday, Jan. 13, at the Glendale Main Library, 5959 W. Brown St.

Meet one-on-one with Arizona Songwriters Association member Gavan Wieser to get constructive feedback on your song, finished or not, before you go into the studio. Perform it live or bring a CD or work tape. This is a free opportunity with a laid back atmosphere. For more information, call 623-930-3573.

Crafty Kids

3:30 to 4:30 p.m., Wednesday, Jan. 14, at the Glendale Main Library, 5959 W. Brown St.

Welcome back a perennial favorite! Join us for a hands-on arts and crafts experience. Crafty Kids is first come, first served, so check in at the Youth Desk and get your creativity in gear! This program is designed for children ages 5-12. Younger children may attend with a parent. This month's theme: Wintry Fun. For more information, call 623-930-3537.

Dance: Mambo and Cha-Cha

6 p.m., Wednesday, Jan. 14, at the Foothills Branch Library, 19055 N. 57th Ave.

Learn the steps and practice the basics. Presented by dance instructor Betty Jo Gregolynskyj. Space is limited. For more information and to register, call 623-930-3844 or visit www.glendaleaz.com/library.

Toe-Tapping Thursday

10:30 a.m., Thursday, Jan. 15, at the Glendale Main Library, 5959 W. Brown St.

Sing, clap and dance in this movement and music program! This fun-filled program is perfect for active children, ages 2-6, and their parents/caregivers. First come, first served. For more information, call 623-930-3537.

Getting Crafty with Miss Janet!

4 to 5 p.m., Thursday, Jan. 15, at the Velma Teague Branch Library, 7010 N. 58th Ave.

Come and join in the fun! Create a cool craft with Miss Janet to keep or give as a gift! Crafters younger than 6 years old will need an adult helper. This month: Coin Critters. For more information, call 623-930-3437.

Knitting 101 and Knitting 102

2 p.m., Saturdays, Jan. 17 and 31, at the Velma Teague Branch Library, 7010 N. 58th Ave.

Join knitting instructor Katie Crow for sessions on basic knitting. Details for the project will be announced soon. For more information and to register, call 623-930-3431 or visit www.glendaleaz.com/library.

Art Attack!

4 to 5:30 p.m., Tuesday, Jan. 20, at the Foothills Branch Library, 19055 N. 57th Ave.

Teens, ages 12-18, unwind after school while doing an art activity. Each month a different craft will be available to create while you connect with friends at the library. This month: Vision Boards. For more information, call 623-930-3847.

Finger Knitting

6 to 7 p.m., Thursday, Jan. 22, at the Velma Teague Branch Library, 7010 N. 58th Ave.

Create your own knitted work of art without using needles! We'll provide the yarn, so just bring along your imagination and fingers. Ages 7-11. Registration begins on 1/5. For more information and to register, call 623-930-3437 or visit www.glendaleaz.com/library.

Live at the Library: Jacome Duo

6:30 to 7:30 p.m., Thursday, Jan. 22, at the Glendale Main Library, 5959 W. Brown St.

Chris and Lena's strong partnership and artistic communication keep audiences mesmerized as they share an unforgettable experience filled with award-winning flamenco music and dance. For more information, call 623-930-3573.

Lego Mania

3:30 to 4:45 p.m., Monday, Jan. 26, at the Glendale Main Library, 5959 W. Brown St.

4 to 5 p.m., Monday, Jan. 26, at the Foothills Branch Library, 19055 N. 57th Ave.

3:30 to 4:30 p.m., Wednesday, Jan. 28, at the Velma Teague Branch Library, 7010 N. 58th Ave.

Kids, ages 3-12, can come and build Lego masterpieces with us! Registration is required only for the Velma Teague program. For more information, call 623-930-3537 (Main), 623-930-3837 (Foothills), or 623-930-3437 (Velma Teague).

Tribal Tattoos

6 to 8 p.m., Monday, Jan. 26, at the Glendale Main Library, 5959 W. Brown St.

Examine the history and timeline of this ancient art form, compare the methods then and now, and explore the tribal tattoo. Create your own stunning design by finding an animal that best represents you, then learning techniques to turn it into a tribal tattoo. Instructor will provide everything needed. Registration begins on 1/4 at 1 p.m. For more information and to register, call 623-930-3573 or visit www.glendaleaz.com/library.

Your Legacy: How to Make a Movie About Your Family History

6 p.m., Wednesday, Jan. 28, at the Foothills Branch Library, 19055 N. 57th Ave.

Learn how to use home videos, personal photos, and favorite music to tell your family's story. Film scholar Jeannie Berg will demonstrate and discuss how to make a movie about your family history using easy-to-use movie editing software, including storytelling techniques and ideas for making your film visually compelling. Registration is requested. For more information and to register, call 623-930-3844 or visit www.glendaleaz.com/library.

Art Expeditions

4 to 5 p.m., Thursday, Jan. 29, at the Velma Teague Branch Library, 7010 N. 58th Ave.

Come celebrate various cultures of the world through books and crafts! Students in grades K–3 are invited to participate in this fun interactive program. This month's destination: Egypt. For more information and to register, call 623-930-3437 or visit www.glendaleaz.com/library.

Annual Rose Pruning Event

8 a.m. to 12 p.m., Saturday, Jan. 3, at the Sahuaro Ranch Park Historic Area, 9802 N. 59th Ave.

Experts from the Rose Society of Glendale will provide rose pruning demonstrations as well as seminars on planting, fertilizing and general rose care in the historic rose garden. Deadheader rose garden volunteers will prune more than 300 bushes throughout the day. Call 623-930-4201 for more information.

Authors @ The Teague Presents: Victoria Kjos

2 p.m., Saturday, Jan. 3, at the Velma Teague Branch Library, 7010 N. 58th Ave.

After Kjos, author of *Welcome to India*, failed to find fulfillment in her work, a strong calling from Mother India became the inspiration to search for a greater meaning in life. She now considers northern India her adopted home. For more information, call 623-930-3431.

Winter Class Sampler

Monday, Jan. 5 - Saturday, Jan. 10, at the Foothills Recreation & Aquatics Center, 5600 W. Union Hills Dr.

Experience a week of sample activities at no cost to you! Featured classes include Zumba, yoga, belly dancing and much more. For specific details and class times, call 623-930-4613 or visit www.glendaleaz.com/parksandrecreation.

Jump Start Fitness

5:35 to 6:35 a.m., Mondays, Wednesdays, and Fridays for 6 weeks beginning Jan. 5,

at the Foothills Recreation & Aquatics Center, 5600 W. Union Hills Dr.

Get a jump start on your day with a workout that will challenge, motivate and change the way you feel! Whether new to fitness or looking for a break from your old routine, this class offers full-body workouts that will give you energy and help you reach your fitness goals. Take advantage of the special bonus workout days during the session. No class Jan. 19. The class is \$160 (non-resident \$175), and preregistration is required. Call 623-930-4600 or visit www.glendaleaz.com/parksandrecreation to register.

Jump Start Re-Boot

4:30 to 5:30 p.m., Mondays, Wednesdays, and Thursdays for 6 weeks beginning Jan. 5,

at the Foothills Recreation & Aquatics Center, 5600 W. Union Hills Dr.

Re-boot your day at this evening edition of the popular Jump Start morning fitness class. Experience a dynamic full-body workout designed to challenge all fitness levels by using a variety of equipment to make the workouts fun and effective. No class Jan. 19. The class is \$129 (non-resident \$139), and preregistration is required. Call 623-930-4600 or visit www.glendaleaz.com/parksandrecreation to register.

Yoga

Get focused, fit and flexible!

Yoga Basics

2:15 to 3:15 p.m., Tuesdays and Thursdays at the Glendale Adult Center, 5970 W. Brown St.

Take a deep breath, relax your mind, and join us as we expand our physical and mental flexibility. This beginner-level yoga class uses techniques to activate the body while simultaneously releasing tension in the jaw, neck, shoulders, arms, fingers, hips, legs, feet and toes. We focus on gently stretching on the floor then working our way to standing in balancing positions. Let's take a journey to stretching further, breathing deeper and feeling better from the inside out. No class Jan. 1. Drop-in rate per class is \$5. Call 623-930-4321 for more information.

Gentle Yoga

11 a.m. to 12:15 p.m., Mondays for 6 weeks beginning Jan. 12, or 9 to 10:15 a.m., Tuesdays for 6 weeks beginning Jan. 20, at the Foothills Recreation & Aquatics Center, 5600 W. Union Hills Dr.

Yoga "calms the howling of the mind." Instruction combines breathing with stretches and bodywork. Most of the class is done on the floor on a soft mat, with variations for those who prefer to sit on a chair. Wear exercise clothes and bring a foam rubber exercise mat and towel. Ages 16+. No class Jan. 19 & Feb. 16. The class is \$49 (non-resident \$59), and preregistration is required. Call 623-930-4600 or visit www.glendaleaz.com/parksandrecreation to register.

Dahn Yoga

**1 to 2:30 p.m., Tuesdays for 6 weeks beginning Jan. 13,
at the Foothills Recreation & Aquatics Center, 5600 W. Union Hills Dr.**

Through stretching, breathing techniques, body/brain exercises and meditation, bring your body and mind together and improve energy and well-being. Develop stronger concentration through basic energy meditation techniques and breathwork. The class is \$39 (non-resident \$47), and preregistration is required. Call 623-930-4600 or visit www.glendaleaz.com/parksandrecreation to register.

Yogalates

**5:30 to 6:30 p.m., Tuesdays and Thursdays for 4 weeks beginning Jan. 13,
at the Foothills Recreation & Aquatics Center, 5600 W. Union Hills Dr.**

A system of pilates and yoga that enhances core strength, balance and flexibility through breath and flow. Class includes utilization of equipment for proper alignment, including Pilates bands and rings, blocks, balls, straps and foam rollers. Wear appropriate attire. The class is \$55 (non-resident \$66), and preregistration is required. Call 623-930-4600 or visit www.glendaleaz.com/parksandrecreation to register.

Pi Yo Live

**6:45 to 7:45 p.m., Tuesdays for 6 weeks beginning Jan. 13,
at the Foothills Recreation & Aquatics Center, 5600 W. Union Hills Dr.**

Pi Yo is a perfect fusion of strength building, rhythmic movement and power with a foundation in Pilates and yoga that burns calories while transforming the body. It includes modifications so everyone can participate. The class is \$41 (non-resident \$49), and preregistration is required. Call 623-930-4600 or visit www.glendaleaz.com/parksandrecreation to register.

Hatha Yoga

**6 to 7 p.m., Wednesdays for 4 weeks beginning Jan. 14, or 8:30 to 9:30 a.m., Saturdays for 4 weeks beginning Jan. 17, at
the Foothills Recreation & Aquatics Center, 5600 W. Union Hills Dr.**

Yoga provides an opportunity to gain flexibility and balance in both the body and mind. Focus on poses, breath work and meditation. All levels welcome. Fitness balls, straps and blocks will be used in class. Wear loose/stretchy, comfortable clothing and bring a yoga mat and water. The class is \$34 (non-resident \$41), and preregistration is required. Call 623-930-4600 or visit www.glendaleaz.com/parksandrecreation to register.

Yoga Nidra

**10:30 to 11:30 a.m., Tuesdays for 6 weeks beginning Jan. 20,
at the Foothills Recreation & Aquatics Center, 5600 W. Union Hills Dr.**

Yoga means union and Nidra means sleep. Yoga Nidra is a sleep-based meditation technique that brings one from a state of awake to one of deep relaxation. Learn to disengage from stress-producing thoughts and allow your body to naturally and deeply restore itself. Yoga Nidra can restore energy and health and address stress-related issues. Optional supplies to bring: yoga mat, blanket, pillow, eye pillow and towel. Chairs available if preferred. The class is \$47 (non-resident \$56), and preregistration is required. Call 623-930-4600 or visit www.glendaleaz.com/parksandrecreation to register.

Library Coffeehouse

6:30 p.m., Wednesday, Jan. 7, at the Foothills Branch Library, 19055 N. 57th Ave.

6:30 to 7:30 p.m., Thursday, Jan. 8, at the Glendale Main Library, 5959 W. Brown St.

Enjoy live acoustic music performed by local musicians. Jan. 7: Karmann and Kompany – folk, gospel, country. Call 623-930-3844 for more information. Jan. 8: Second Sunday Songwriters Consortium – Organized by Steve Decker, this group of songwriters meets monthly to share what they've been working on, offer comradeship and provide support. In promotion of the Arizona Songwriters Gathering taking place at Main on Jan. 17, members will perform some of their recent creations round-robin style. Call 623-930-3573 for more information.

Friends of the Glendale Public Library Meeting

10:30 a.m., Thursday, Jan. 8, at the Glendale Main Library, 5959 W. Brown St.

Would you like to support your library? All community members are invited to participate at the monthly meetings of the Friends of the Glendale Public Library. This is a great opportunity to meet new people and make a difference in the community while learning more about what the library has to offer to you. Membership in the Friends group is not required to attend. The Friends of the Glendale Public Library is a non-profit, grassroots group dedicated to promoting Glendale's library system. To learn more about the Friends, please visit www.gplfriends.org.

Glendale Arts Council Juried Fine Arts Exhibition

**10 a.m. to 5 p.m., Saturday, Jan. 10 - Sunday, Jan. 11 and Wednesday, Jan. 14 - Sunday, Jan. 25,
at the Sahuaro Ranch Park Historic Area, 9802 N. 59th Ave. – Fruit Packing Shed.**

Enjoy a unique exhibit featuring Arizona artists. All submitted works will be on display from Jan. 10-11, and all juried works will be on display from Jan. 14-25. Call 623-930-4201 for more information.

Hula

**7:10 to 8:10 p.m., Tuesdays for 6 weeks beginning Jan. 13,
at the Foothills Recreation & Aquatics Center, 5600 W. Union Hills Dr.**

Whether new to dance or an experienced dancer looking for something new, Hula is a great start. Learn basic hula steps, use of hands and posture. Laughter and learning from mistakes makes for a fun environment for all. Legs and core will be strengthened as you enjoy this cardio workout. With over 7 years of teaching experience, Katie is excited to be back. Ages 12+. No class Feb. 3. The class is \$50 (non-resident \$60), and preregistration is required. Call 623-930-4600 or visit www.glendaleaz.com/parksandrecreation to register.

Manners & Life Skills Training

Wednesdays for 4 weeks beginning Jan. 14, at the Foothills Recreation & Aquatics Center, 5600 W. Union Hills Dr.

Rules, Respect and Reasoning are our "Three R's." This class is "Kid tested; mother and teacher approved!" Children, ages 4-13, can learn table etiquette, proper grammar, kindness towards others (including siblings, moms and dads), interrupting properly, speaking up and meeting and greeting in this fun class. Children will use hands-on activities and role playing to help learn the importance of these life skills. Parents will be surprised at how lovely the dinner hour can be! Great for both boys and girls, and always age appropriate. Children receive handouts at every class to share at home. Ages 4-6 meet at 4 p.m. for 45 minutes, and ages 7-13 meet at 5 p.m. for 1 hour. For more information about the program, visit www.mrshancocks.com. The class is \$60 (non-resident \$72), and preregistration is required. Call 623-930-4600 or visit www.glendaleaz.com/parksandrecreation to register.

Acrylic - Decorative Art

9 to 11:30 a.m., Thursdays for 6 weeks beginning Jan. 15, at the Glendale Adult Center, 5970 W. Brown St.

Create bold and energetic works of art with vibrant colors and patterns. Transform a wood bowl, plate, tray or box into a prized home accessory. Discuss design and preparation of wood piece, along with color choices and painting instruction. Contact instructor prior to class to discuss wood piece and supplies, 602-617-5200. Bring paper, pencil or chalk to first class. No class Jan. 22. The class is \$68 (non-resident \$82), and preregistration is required. Call 623-930-4600 or visit www.glendaleaz.com/parksandrecreation to register.

B.E.S.T. Soccer Training

Saturdays for 6 weeks beginning Jan. 17, at the Foothills Recreation & Aquatics Center, 5600 W. Union Hills Dr.

Our indoor noncompetitive approach allows your kids, ages 18 months - 6 years, to learn the soccer basics while having fun. Parent participation required only for the 2-year-old classes. Bring a size #3 or #4 soccer ball. Each session lasts 45 minutes, with ages 2 and under playing at 9:15 a.m., ages 3-4 at 10:15 a.m. and ages 5-6 at 11:15 a.m. The program fee is \$70 (non-resident \$84), and preregistration is required. Call 623-930-4600 or visit www.glendaleaz.com/parksandrecreation to register.

19th Annual Arizona Songwriters Gathering

10 a.m. to 4:30 p.m., Saturday, Jan. 17, at the Glendale Main Library, 5959 W. Brown St.

Players and audience of all ages are welcome at this FREE event! Highlights include: featured performer Dolan Ellis, Arizona's Official State Balladeer, playing from 3:30-4:30 p.m. in the Auditorium; 72 performers playing on 2 stages all day; workshops and lectures on crafting songs, boosting creativity and gaining inspiration, marketing with social media, and using ProTools to record music; Q&A with a music and entertainment attorney, song critique sessions and more; new kids songwriting workshop and performance with Annie Moscow; Lacy and Wendy's Mobile Wood Fired Pizza Oven on site; and Friends of the Library fundraiser. Event offered in partnership with the Arizona Songwriters Association, www.azsongwriters.org. For more information, call 623-930-3573.

Bread Baking

12:30 to 2:30 p.m., Sunday, Jan. 18, at the Foothills Recreation & Aquatics Center, 5600 W. Union Hills Dr.

Enjoy the wonderful experience of baking bread. Learn to make a cool rise wheat bread, jumbo cinnamon rolls and pizza dough. Recipes will be distributed at class. \$10 supply fee collected at class. The class is \$40 (non-resident \$48), and preregistration is required. Call 623-930-4600 or visit www.glendaleaz.com/parksandrecreation to register.

Basketball Clinic

Tuesdays for 6 weeks beginning Jan. 20, at the Foothills Recreation & Aquatics Center, 5600 W. Union Hills Dr.

Learn and improve the basic fundamentals of shooting, ball handling, offense, defense and intramural games in this interactive basketball clinic for ages 6-15. Clinic will wrap up with full competition on last day of class. T-shirt will be provided at completion of the clinic. Each session lasts one hour, with ages 6-8 playing at 4:30 p.m. and ages 9-15 playing at 5:45 p.m. The program fee is \$59 (non-resident \$69), and preregistration is required. Call 623-930-4600 or visit www.glendaleaz.com/parksandrecreation to register.

Japanese for Beginners

6 to 7 p.m., Tuesdays for 8 weeks beginning Jan. 20, at the Foothills Recreation & Aquatics Center, 5600 W. Union Hills Dr.

Learn to speak Japanese. Experience the Japanese culture and customs with a certified, native Japanese instructor. The class will start with greetings and will cover useful vocabulary and basic conversation. Supplies will be discussed at first class. Ages 14+. The class is \$65 (non-resident \$78), and preregistration is required. Call 623-930-4600 or visit www.glendaleaz.com/parksandrecreation to register.

Ballet

**7:15 to 8:15 p.m., Wednesdays for 8 weeks beginning Jan. 21,
at the Foothills Recreation & Aquatics Center, 5600 W. Union Hills Dr.**

Whether you are new to dance or you have been dancing for years, this class will give you a fabulous workout for lean muscle development. Improve strength, flexibility and coordination through a structured workout at the barre and center floor while focusing on technique, posture, positions and combinations. Wear comfortable, nonrestrictive clothes (dance wear or fitness attire) and bring ballet

shoes or socks. Ages 15+. The class is \$56 (non-resident \$67), and preregistration is required. Call 623-930-4600 or visit www.glendaleaz.com/parksandrecreation to register.

Super Bowl XLIX Tree Planting Event & Martin Luther King Jr. Day - Day of Service

9 a.m. to 12 p.m., Saturday, Jan. 24, at the Sahuaro Ranch Park Historic Area, 9802 N. 59th Ave.

Volunteers will be onsite to assist with planting new trees and gleaned citrus fruit to be donated to a local food bank. To kick off this exciting project, we will begin with an Opening Ceremony at 9 a.m., featuring city officials and speakers from Verizon, the National Football League and the Arizona Super Bowl Committee. Please consider joining us for the Opening Ceremony and to volunteer! To register, please contact Michelle Yates at 623-930-2044 or myates@glendaleaz.com.

Child Care & Babysitting Workshop

9 a.m. to 2 p.m., Saturday, Jan. 24, at the Foothills Recreation & Aquatics Center, 5600 W. Union Hills Dr.

Kids and teens, ages 12-18, can learn safe and fun ways to babysit and care for children. Class covers CPR, first aid, techniques for active children and how to have a successful babysitting adventure. Build confidence, self-esteem and skills necessary to care for infants and children on a daily basis and in emergency situations. Bring a sack lunch. The class is \$65 (non-resident \$78), and preregistration is required. Call 623-930-4600 or visit www.glendaleaz.com/parksandrecreation to register.

Vegetable Gardening Class

10 a.m. to 12 p.m., Saturday, Jan. 24, at the Glendale Main Library, 5959 W. Brown St.

Get inspired, informed, and save on energy and water with green living classes from the Glendale Conservation & Sustainable Living Office. Are you interested in growing a vegetable garden in our unique desert climate? Learn about soil preparation, planting calendars, plant selection, and watering. Call 623-930-3760 or email wsimonson@glendaleaz.com to register. Visit www.glendaleaz.com/WaterConservation/classesandeducation.cfm for more information.

The Clock Makers Antique Appraisal Fair

2 to 3:30 p.m., Saturday, Jan. 24, at the Velma Teague Branch Library, 7010 N. 58th Ave.

Certified Master Clockmaker Jerry Faier will offer a free, informal, on-the-spot professional opinion of value for your antique clock and/or pocket watch. Appraisals will be on a first-come, first-served basis with priority given to pre-registered participants. Participants will be limited to one item. For more information and to register, call 623-930-3431 or visit www.glendaleaz.com/library.

Afternoon Delight Show

1 p.m., Wednesday, Jan. 28 at the Glendale Adult Center, 5970 W. Brown St.

Enjoy free entertainment plus a surprise dessert! Ages 18+. Shows sponsored by CAREMORE, which offers a pre-show presentation from 12:45 p.m. to 1 p.m. This month's performance features The Village Blasting Club, a Serbian funk powerhouse brass band entertaining the audience with an over-the-top explosion of performance and charisma. For more information, call 623-930-4321 or visit www.glendaleaz.com/adultcenter/specialevents.cfm.

Adaptive Bowling

9 to 11 a.m., Saturdays, Jan. 31 – Mar. 8, at Glenfair Lanes Bowling Alley, 6110 N. 59th Ave.

Ages 8 and older can improve their bowling game, enjoy the support of others and make new friends! Parents, guardians and caregivers volunteer and assist those with special needs to make this a rewarding experience. Bowling ramps are available to registered bowlers. Instruction is not provided. The program is \$23 (non-resident \$30) and includes a bowling ball and shoes. For more information, contact Anthony Garcia at 623-930-4335.

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