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CONTACT: Marcheta Strunk, Public Information Office, 623-930-2822

SUBSTANCE ABUSE SEMINAR OFFERS PARENTS STRATEGIES TO PROTECT CHILDREN

Glendale, Ariz. — According to DoSomething.org, an organization that spearheads national campaigns so young people can take action on things they care about, more than 60 percent of teens said that drugs were sold, used or kept at their school. This can give any parent cause for concern, but a seminar held on Feb. 8, entitled “notMYkid,” will provide parents information to protect their children.

At the notMYkid seminar, parents will receive tips on how to speak with kids about substance abuse, an overview of legal implications of drug use and information on how to maintain trust in the parent/child relationship.

The seminar isn’t just a presentation, but an opportunity to create a family plan, learn the most recent information about the most common drugs abused and gain strategies to keep children safe from the growing problem of drug abuse and addiction.

The seminar will be held from 6 to 8 p.m., Friday, Feb. 8 at the Foothills Recreation & Aquatics Center, 5600 W. Union Hills Dr. The price is \$10 per adult; registration is accepted at 623-930-4600 or online at www.glendaleaz.com/ParksandRecreation under the “Quick Links” registration link. Child care is provided as part of the registration for ages 2-9, and a pass can be picked up at the front desk of the center before the seminar.

A buffet of finger foods, snacks and drinks will be provided. For more information, call 602-652-0163 or email gina@notmykid.org.

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