



FOR IMMEDIATE RELEASE

October 23, 2006

CONTACT: Diane Nevill, 623-930-3554
Public Information Officer
Frieda Ling, 623-930-3553
Health Librarian

Childhood Obesity: The New Epidemic

GLENDALÉ, Ariz. – These are startling numbers:

- 30% of children and teens are overweight.
- 15% of youth are considered obese, with serious health risks and psycho-social consequences as they journey into adulthood.

“Childhood Obesity: The New Epidemic” will be presented at 7 p.m. on Wednesday, Nov. 1 in the auditorium of Glendale Main Library, 5959 W. Brown St. Jamie Athas, Community Education Coordinator at St. Joseph’s Hospital and Medical Center, will talk about the definition , identification, diagnosis, health risks, treatment and prevention of this growing problem.

No registration is required for this free program. Call 623-930-3553 for more information.

###

**Only library
to receive the
Arizona Governor’s
Arts Award**

**Award-winning
teen programs**

**Oldest library
in the Valley,
serving residents
since 1895**

**Glendale Public Library
Main Library
5959 W. Brown St.
Glendale, AZ 85302
623-930-3530
www.glendaleaz.com/library**