



FOR IMMEDIATE RELEASE

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**COUNCILMEMBER STEVE FRATE HOSTING ANNUAL
SPRING FLING EVENT SATURDAY, FEBRUARY 21**

GLENDALE, Ariz. – Residents living in the Sahuaro District are invited to attend the annual *Sahuaro District Spring Fling* event from 11 a.m. – 2 p.m. Saturday, February 21.

The family-friendly outdoor event will be held at the Paseo Park ballfields, 63rd Avenue and Thunderbird Road.

This is the fourth year that Sahuaro District Councilmember Steve Frate is hosting the event to inform and educate residents on the variety of city and other community programs and services that are available to them.

Representatives from city departments will be on hand to answer questions and provide residents with information on Glendale services. City vehicles and equipment will be on display from the Public Works, Transportation, Police and Fire departments. Also, Southwest Ambulance’s popular kid’s ambulance will be at the event for kids of all ages to explore. In addition, Glendale Fire personnel will be demonstrating the new Continuous Chest Compression resuscitation technique. This life-saving CPR technique does not involve mouth-to-mouth resuscitation – just chest compressions.

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Spring Fling/add 1-1-1

Glendale resident Braxton Bilbrey, the youngest person ever to swim across the San Francisco Bay -- from Alcatraz to San Francisco -- will return to the event to raise awareness about drowning prevention. Bilbrey, who is 10 years old, made the record-setting swim when he was 7.

A new corporate partner to Spring Fling this year will be Banner Thunderbird Medical Center, which will be highlighting its women's health programs. Returning community partners include the Phoenix Coyotes, Southwest Ambulance and the Glendale/Peoria YMCA.

In addition to learning about local programs and services, families will enjoy free activities, including inflatable jumpers, clowns, face painting and a gymnastics demonstration by Arizona Prestige Gymnastics.

A free hot dog lunch and refreshments will also be served.

The Sahuaro District is bounded roughly between Cactus Road and Union Hills Drive. To view a district map, visit www.glendaleaz.com/CityCouncil.

For more information, call 623-930-2016.

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PHOTO CUTLINES:

Photo #1 -- Representatives from several city departments, including the Water Conservation Office, will have informational displays at the event to make residents aware of the many city programs and services available to residents.

Photo #2 -- Children will have the opportunity to sit in the driver's seats of Glendale fire and sanitation trucks at the event.

