

FOR IMMEDIATE RELEASE

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CONTACT: Jerry McCoy/623-930-2964
Marketing/Communications

**COUNCILMEMBER STEVE FRATE HOSTING ANNUAL
SPRING FLING EVENT SATURDAY, FEBRUARY 20**

GLENDALE, Ariz. – Residents living in the Sahuaro District are invited to attend the annual *Sahuaro District Spring Fling* event from 11 a.m. – 2 p.m. Saturday, Feb. 20.

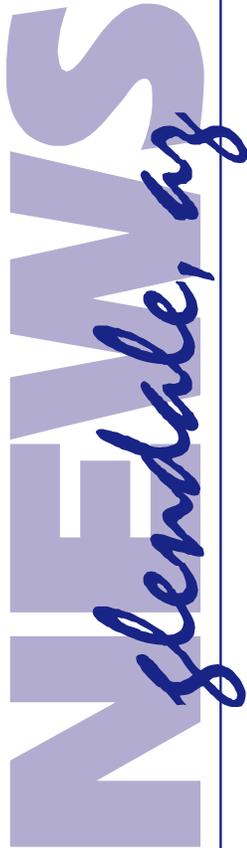
The family-friendly outdoor event will be held at the Paseo Park ballfields, 63rd Avenue and Thunderbird Road. A free hot dog lunch and refreshments will be served.

This is Councilmember Steve Frate's fifth year hosting the event to help inform and educate residents on the variety of city services and other community programs that are available to them.

Representatives from city departments will be on hand to answer questions and provide residents with information on Glendale services. City vehicles and equipment will be on display from the Public Works, Transportation, Police and Fire departments.

Southwest Ambulance will provide blood pressure checks, and its popular kid's ambulance will be at the event for families to look at.

In addition, Glendale Fire personnel will be demonstrating the Continuous Chest Compression resuscitation technique. This life-saving technique does not involve mouth-to-mouth resuscitation – just chest compressions. --more--



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City of Glendale
5850 W. Glendale Ave.
Glendale, AZ 85301
(623) 930-2960
www.glendaleaz.com

Spring Fling/add 1-1-1

Banner Thunderbird Medical Center will also be in attendance to highlight its women's health programs.

In addition to learning about local programs and services, families will enjoy free activities, including inflatable jumpers provided by the Glendale/Peoria YMCA, clowns and face painting. Arizona Prestige Gymnastics and USA Martial Arts will entertain attendees with demonstrations.

The Sahuaro District is bounded roughly between Cactus Road and Union Hills Drive. To view a district map, visit www.glendaleaz.com/CityCouncil.

For more information, call 623-930-2016.

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